# National Urgent Care Convention

Urgent Care Association of America

Planning. Adapting. Succeeding:
New Strategies for Changing Times

April 27-30, 2015 Hyatt Regency Chicago

## **Urgent Care Site Selection**

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# Disclosure Information National Urgent Care Convention

April, 2015 Alan Ayers

- Disclosure of Relevant Financial Relationships
- Salaried and Product or devise designer with Concentra div. of Humana, Inc.
- Salaried, product or devise designer and Consultant with the Journal of Urgent Care Medicine
- Salaried, product or devise designer and consultant with the Urgent Care Association of America
- Disclosure of Off-Label and/or investigative Uses
- I will not discuss off label use and/or investigational use in my presentation.



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## Objectives

At the conclusion of this session, participants should be able to:

- Explain the factors that drive urgent care volume including trade area makeup, physical real estate characteristics, and operational delivery as well as volume-limiting factors like marketing, payer contracts, and competition.
- Identify the pros and cons of various types of space including medical office buildings, freestanding/street-facing, shopping center end-cap, and in-line retail.
- Perform an analysis of build-out of existing space versus build-to-suit and owning versus leasing.
- Avoid common site selection pitfalls leading to urgent care failure such as insufficient density, poor visibility, and overspending on build-out.
- Leverage the physical location of the urgent care center as a marketing tool.



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#### **Site Selection Factors**



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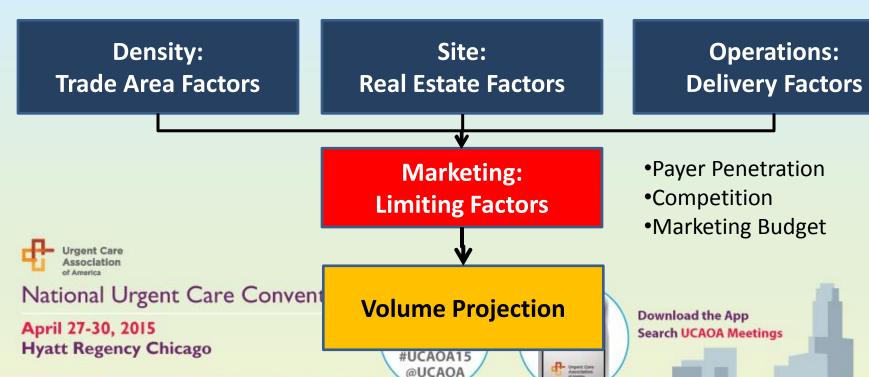


## Forecasting Model Components

- Households or Establishments
- Population or Employees
- Demographics or SIC Codes
- Propensity to Utilize Services

- •Retail Adjacencies/Draw
- Signage Visibility
- Traffic Counts/Accessibility
- Aesthetics

- Operating Hours
- Medical Providers/Training
- Equipment/Capabilities
- Customer Service



#### Trade Area Drivers of Urgent Care Volume

- Density of Households and Businesses
  - Total count within 3-5 miles or 12-15 minutes.
  - Trade area size/configuration varies by market.
- Demographics of Households and Businesses
  - Consumers who match the profile of conventional urgent care users.
    - Household income, family demographics
  - Employees in industries who require occupational medicine services.
    - Regulatory/compliance needs, injury rates



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## Consumer Urgent Care Demographics



**Married Couple with Children Present** 



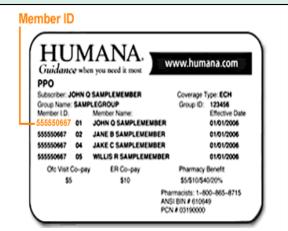
**College Graduate Age 35-54** 



**Owner-occupied Single Family Housing** 



**Growing Suburbs of Major Metro Areas** 



**Employer-Provided Health Insurance** 



Household Income \$50,000 to \$100,000





#### High-Utilization SIC Codes for Occupational Medicine













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#### Consumer Demographics Scorecard

#### **Benchmarks:**

3-Mile Population Density:

High: >85,000

Medium: 45,000 to 85,000

Low: <45,000

3-Mile Median Household Income:

High: >\$70,000

Medium: \$55K to \$70K

Low: <\$55,000

Also consider distribution of income levels.

Married Households w/Children:

High: >25%

Medium: 20 to 25%

Low: <20

Also consider percent of households age 65+ female households w/children present.



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esri* Market Profile	:			
6340 N Beach St, Halto Rings: 1, 3, 5 mile radii				ltude: 32.8! tude: -97.2i
		1 mile	3 miles	6 mi
Population Summary 2000 Total Population		14.948	75,485	179.3
2000 Group Quarters		6	782	2,0
2010 Total Population		17,740	103,101	250,0
2015 Total Population		19,458	116,041	280,5
2010-2015 Annual Rate		1.87%	2.39%	2.32
Household Summary				
2000 Households		5,581	26,378	61,9
2000 Average Household Size		2.68	2.83	2.
				86,3
DEMOGRAPHICS*	1 MILE	3 MILE	5 MILE	2. 96,9
B 1 11	47.740	400.404	250.000	2.
Population:	17,740	103,101	250,096	2.34
	4	400	4	47,0
Avg. H.H. Income:	\$76,035	\$80,656	\$77,737	3.
				64.1
Daytime Population:	3,636	29,205	75,170	3.
•	•	•	•	71,2
Median Age:	32.1	32.5	33	3.
24		0/	0/	2.12
% White Collar:	71.1%	65.2%	62.6%	
				64,4
				70.0
Renter Occupied Housing Units Vacant Housing Units		34.7% 5.3%	23.6% 4.0%	26.1
2010 Housing Units		7,056	37,795	91,6
Owner Occupied Housing Units		51.7%	66.9%	66.5
Renter Occupied Housing Units		42.0%	27.6%	27.
Vacant Housing Units		6.3%	5.5%	5.4
2015 Housing Units		7,796	42,669	103,0
Owner Occupied Housing Units		50.8%	66.7%	66.5
Renter Occupied Housing Units		42.7%	27.6%	27.5
Vacant Housing Units		6.6%	5.7%	6.0
Median Household Income				
2000		\$54,659	\$55,751	<b>\$52,2</b>
2010		\$67,308	\$71,396	\$68,1
2015		\$75,138	\$78,376	\$76,7
Median Home Value				
2000		\$92,568	\$87,739	\$84,1
2010		\$115,117	\$114,516	\$113,3
2015		\$131,938	\$131,617	\$131,0
Per Capita Income 2000		±22 600	e22 215	*24.5
2000		\$23,699 \$29,333	\$22,315 \$28,115	\$21,5 \$26,9
2010		\$29,333 \$32,356	\$28,115 \$30,925	\$26,9 \$29,7
Median Age		404,000	430,323	443,7
2000		30.3	31.2	3:
2010		32.1	32.5	33

#### **Urgent Care Retail Adjacencies**









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#### Urgent Care Retail Adjacencies, cont'd.













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#### Traffic Counts and Signage Visibility



### **Center Aesthetics**









#### Real Estate Factors Scorecard

Traffic Counts:

• High: >50,000

• Medium: 20,000 to 50,000

• Low: <20,000

Retail Adjacencies:

High: >3: Kohls, PetSmart, Target, Lowes, BestBuy (or comparable)

Medium: Chain Supermarket, Big Box Store

Low: Street Draw, Convenience Services

Signage Visibility:

High: Building and Monument/Pylon Highly Visible from Both

Directions, Day and Night

Medium: Building and Monument/Pylon Visible Upon Approach

Low: Small Sign, Signage Obstructed or Not Noticeable from Street



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## Payer Penetration



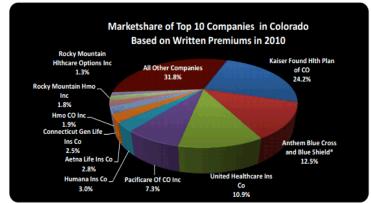


Figure 9: Marketshare of Top 10 Companies in Colorado Based on Written Premiums in 2010

Company	2010 Written Premiums	2010 % of Market Share
Kaiser Found Health Plan of CO	2,404,286	24.2%
Anthem Blue Cross and Blue Shield*	1,240,068	12.5%
UnitedHealthcare Ins Co	1,084,157	10.9%
Pacificare Of CO Inc.	727,762	7.3%
Humana Ins Co	299,981	3.0%
Aetna Life Ins Co	274,023	2.8%
Connecticut Gen Life Ins Co	249,833	2.5%
HMO CO Inc.	187,936	1.9%
Rocky Mountain HMO Inc	177,882	1.8%
Rocky Mountain Healthcare Options Inc.	130,364	1.3%
All Other Companies	3,148,830	31.8%
Total	9,925,122	100.0%

Table 18: Market Share of the Top 10 Health Carriers in Colorado<sup>12</sup>

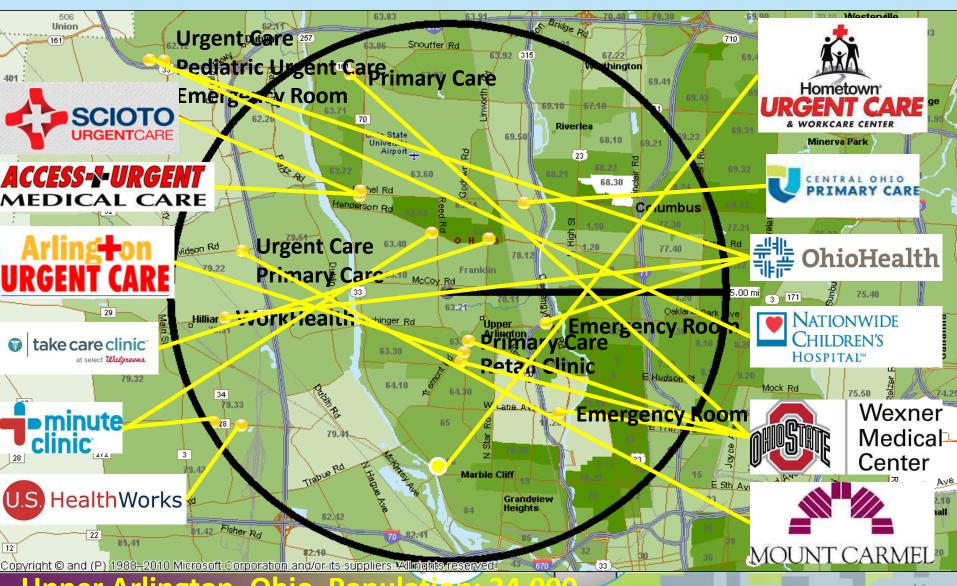
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### Competition: Analysis and Mapping



### Natural and Psychological Barriers

- Political Boundaries (City/County/School District Lines)
- Retail Trade Areas
- Socio-demographic Changes
  - Gentrification
  - Economic and Ethnic Segregation
- Major Freeways, Cross-Streets
- Traffic and Commuting Patterns
- Construction/Changes to Traffic/Commuting Patterns
- Lakes/Rivers, Mountains, Parks, Cemeteries, Golf Courses, etc.



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## Signage Visibility



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#### Critical Success Factor: Signage Visibility

- Same ad impact as a billboard
- •Should include "urgent care" or connote services
- Boosts return of all other marketing investments







### Signage Should be Simple, Clear and Relevant





#### Signage Should be Visible Both Day and Night



#### Optimize Space on Monuments and Poles





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### Consider Visibility from All Angles



## Day and Night; Street and Sidewalk







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## Marketing Value of Center Signage



## Signage Visibility Enhancements



## Municipal Directional Signage



### Types of Available Real Estate



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### Benchmarks: Location Type and Rents

#### **Occupancy Costs:**

Rent \$18-24/sq. ft.

CAM (Common Area Maintenance) \$4-8/sq. ft.

Build-out Cost \$70-90/sq. ft.

Location Type	2012
Freestanding	36.9
Within Medical Office Building	30.0
Within Shopping Center/Strip Mall	19.4
Within Mixed Use Building	13.4



Source: Urgent Care Association of America, 2012

Benchmarking Study

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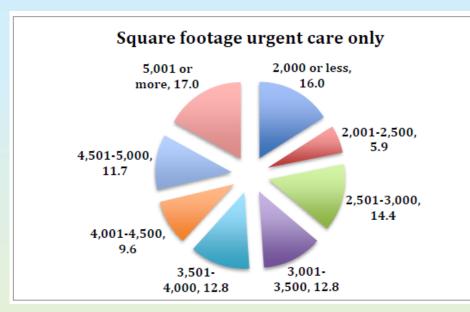
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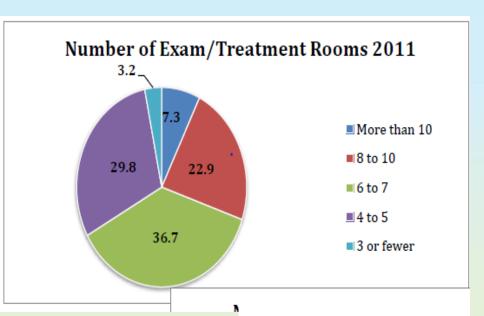




#### Benchmarks: Clinic Attributes

Average of 3,800 sq.





Source: Urgent Care Association of America, 2012 Benchmarking Study

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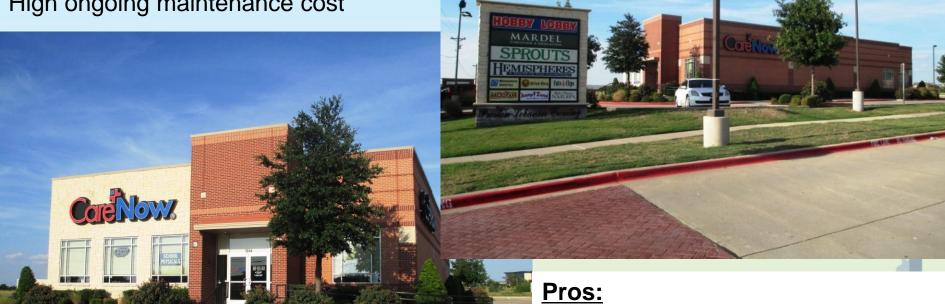




### Retail Center: Outlot Building

#### Cons:

Project timeline
Requires available pad site
Excess square footage, sub-leasing
High cost of build-to-suit
High ongoing maintenance cost



Visual separation from co-tenants High visibility of building signage Building as a "brand" attribute

#### Retail Center: In-Line Strip



#### Cons:

Parking limitations w/other businesses Signage visibility from street Medical use exceptions

#### **Pros:**

Parking lot visibility
Cross-traffic from adjacent retailers
Shell easy to demise and build-out

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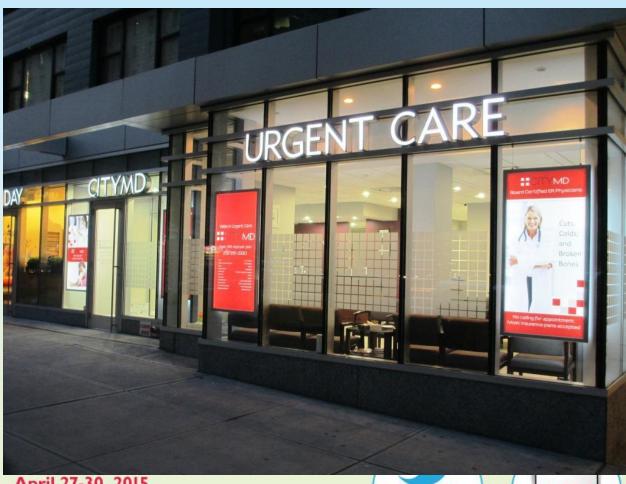


### Retail Center: Endcap

Advantages of a freestanding building without the cost.



#### **Urban Storefront**



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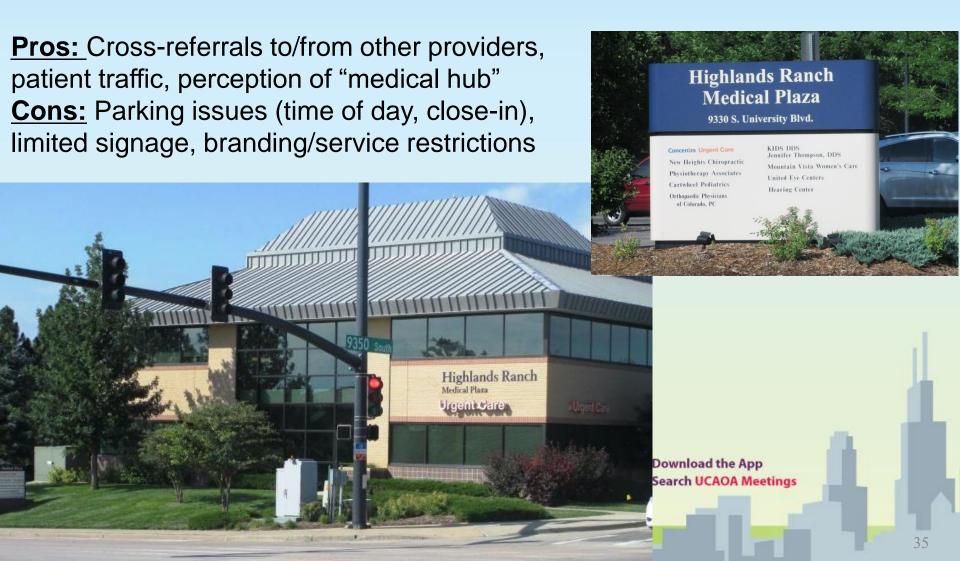
#### **Pros:**

Good visibility
Car and/or foot traffic
Business and
residential adjacencies

#### Cons:

Parking issues
Size limitations
Night/weekend volume

## Medical/Dental Professional Building



## Medical Office Building



# Low-Rise Business Park, Industrial Flex-Type Space



#### **Pros:**

Lower rents
Employment base for occ med

#### Cons:

Lower traffic counts
Absence of urgent care
demographics
Absence of retail draw
Lower-tier aesthetics

## Ideal Size/Positioning: Hollywood Video





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# Red Flags: What to Look Out For



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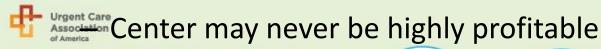
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#### Common Reasons for Center Failure

- Overhead too high due to rental rates, excessive square footage, excessive "nets," or depreciation on excessive buildout expenses
  - Unlike a hotel or apartment, reimbursement (fee schedule) does not adjust based on real estate
  - Excess costs deplete working capital before break-even is achieved
  - High overhead costs will erode center margin more than it will draw additional patients



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#### Common Reasons for Center Failure, cont'd.

- Picking the wrong location
  - Competition
  - Insufficient population density
  - Wrong demographics
  - Visibility/traffic is insufficient to raise awareness



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# Second Floor Space



Accessibility issues for injured patients.

Signage visibility challenges.

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#### Restaurants





Great visibility and ample parking, but expensive demolition of bar and kitchen areas and excessive square footage (w/CAM) at retail rates.



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# Lifestyle Center



Designed for entertainment and residential.

Parking issues.

Lack of signage visibility from outside the complex.

High retail rents.

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# Office Condominiums



## High Vacancy Rates; Empty Box Stores



No catalyst for change.

Limited traffic; poor brand perceptions.

It could be a long time before vacancies are occupied or demolished.

No control over future cotenants (i.e. flea market, dollar store, night club, etc.).



### First Mover in a New Development



Insufficient population density to support business model. Inability to sustain operating losses while area grows to critical mass.

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### **Business Case Considerations**



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# Rent vs. Buy and Shell vs. Build-to-Suit





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# Leasing vs. Buying: Leasing

- Triple Net similar expense structure to ownership
  - Maintenance
  - Utilities
  - Taxes
- Tenant improvement allowance offsets capital needs
- Terms of lease agreement
  - Base rent and escalators
  - TI allowance
  - Terms and renewal options
  - Assignment
  - Improvements (lighting, parking signage)
  - Rights of first refusal

- No equity in building
- Little control over co-tenancy
- Hurdles with landlord for maintenance/improvements
- Captive to landlord at renewal

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# Leasing vs. Buying: Buying

- Greater capital needs to finance entire project
- Business opportunity for providers or management
- Ongoing maintenance and operating costs
- Capital appreciation
- Tax advantages (depreciation, business expenses)
- Resale value
- Control tenant mix
- Permitting and zoning issues
- Time consuming



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#### **Business Plan Data Points**

- Operational Factors:
  - --Services Offered
  - --Hours of Coverage
  - -- Provider Staffing
- Consumer Demographics:
  - --Population Density
  - --Population Growth Rates
  - --Average Household Income
  - --Family Households w/Children Present
  - -- Cross-Correlation of Other Factors
- Employment:
  - --Employee Density by SIC Code
  - --Distribution of Business Size
  - --Municipal Accounts
- Traffic Counts (Flow and Drive Time)

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- Retail Draw (Retail/Restaurant Adjacencies)
- Insurance / Payer Network Providers and Covered Lives
- Distance to Other Medical Providers
  - Urgent Care Centers
  - Primary Care Offices
  - Specialist Offices
  - Retail Health Clinics
  - Hospital and Freestanding
  - Emergency Rooms
  - Imaging Centers and Labs
- Available Real Estate
  - Visibility & Access
  - Parking
  - Co-Tenants
  - Pad Site vs. Existing Building
  - Buying or Leasing

### Sources of Information

- --Google
- --State Dept. of Transportation
- -- City Engineering/Streets Dept.
- --Chamber of Commerce
- -- US Census Bureau
- -- Mapping Software
- -- Managed Care Organizations

- --Banker
- --Attorney
- --Accountant
- --Architect
- --General Contractor



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### **Contact Information**

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